

“LIVE WELL! IT’S ESSENTIAL FOR YOUR POTENTIAL”

Cumberland Gloucester Salem Family Support Organization Mental Health Month Activities:



Mental Fitness Through Yoga

CGS Family Partnership, Inc.
445 Woodbury-Glassboro Road, Sewell
Tuesday, May 3rd
4:00pm-6:00pm

Understanding ADHD Workshop

CGS Family Support Organization
3739 N. Delsea Drive, Vineland
Tuesday, May 10th
6:00-8:00pm

We Got Talent!

Youth Partnership Talent Show
Salem Middle School, Salem
Saturday, May 14th
2:30-4:30pm

Relax with a Good Book

Barnes & Noble Book Give Away
HealthCare Commons
500 S. Pennsville-Auburn Road, Carneys Point
Tuesday, May 24th
10am-4:30pm

Parent Focus Group

CGS Family Support Organization
Tuesday, May 24th
5:30-8:00pm

Apple Farms Art Project

Youth Partnership Participation
Through the month of May

There is no fee to attend these activities.

Contact Teresa or Lisa @ 856-507-9400 to let us know you are attending an activity or to receive tickets for the talent show.