

**FAMILY SUPPORT ORGANIZATION OF ESSEX COUNTY PRESENTS:**

**African American Families and Mental Health:  
A Cultural Perspective  
Children's Mental Health Awareness Conference**

May 5, 2011 9am-4pm

Metropolitan Bapt. Church-B.F. Johnson Community Center  
149 Springfield Ave Newark, NJ 07103

**Dr. Nancy Boyd Franklin** (Keynote Speaker/ Facilitator)

Dr. Nancy Boyd-Franklin is an African American psychologist and a Professor at Rutgers University in the Graduate School of Applied and Professional Psychology. She is the author of numerous professional articles and chapters and five books including: *Black Families in Therapy: A Multisystem Approach* and an editor of *Children, Families and HIV/AIDS*. An internationally recognized lecturer and author, Dr. Boyd-Franklin has earned her Ph.D. in Clinical Psychology Teachers College, Columbia University and numerous awards from professional organizations.

**Dr. Robin Eubanks**(Facilitator)

Dr. Robin Eubanks is an Associate Professor at the University of Medicine and Dentistry of New Jersey – School of Health Related Professions in the Department of Interdisciplinary Studies. Dr. Eubanks earned a Ph.D. in Counseling Psychology at Seton Hall University. She has received numerous awards including a Student Research Recognition Award, African American Achievement Award, Excellence in Teaching Award and the University of Excellence Award, service to external community education. Dr. Eubanks teaches a variety of courses such as Cultural Issues in Health Care, Transcultural Health Care, Social & Cultural Diversity Issues in Psychiatric Rehabilitation.

***OBJECTIVES:***

- Participants will have a greater understanding of the subtleties of African American culture.
- Clinicians will learn more effective strategies for joining and intervening with African American clients and families.
- Introduce the impact of cultural identity on levels of resiliency
- Participants will learn how to involve key extended family members in the treatment process.
- Participants will learn the importance of “the therapist’s use of self” in the treatment of African American clients and families.
- Clinicians will learn more effective strategies for joining and intervening with African American clients and families.

